

Greg Holmes is a clinical psychologist. Dr. Holmes received his Bachelor of Arts degree from Michigan State, his Masters degree in clinical psychology from Central Michigan University, and his Ph.D. from Michigan State. He has been an adjunct faculty member in the Department of Psychiatry at Michigan State, as well as a faculty member at Family Medicine residency programs in Maine and Michigan. Dr. Holmes is the recipient of teaching awards from his students for his contribution to their medical education. He is currently in private practice in Traverse City.

Katherine Roth is a board-certified family physician. Dr. Roth received her Bachelor of Science from Antioch College, her medical degree from the University of Miami, and completed her residency in Family Medicine at the University of Washington. She was the associate director of the Family Medicine Residency program at Sparrow Hospital in Lansing, Michigan. She is currently in private practice in Traverse City and a much sought after expert in the field of integrative medicine.

Drs, Holmes and Roth have collaborated for over twenty years educating physicians and caring for patients. During this time they have led support groups for patients with heart disease and cancer. Together they are co-authors of the best-selling cancer memoir, *The Good Fight: A Story of Cancer, Love, and Triumph*, which is available at amazon.com. They can be reached through their website at tctparadox.com.